

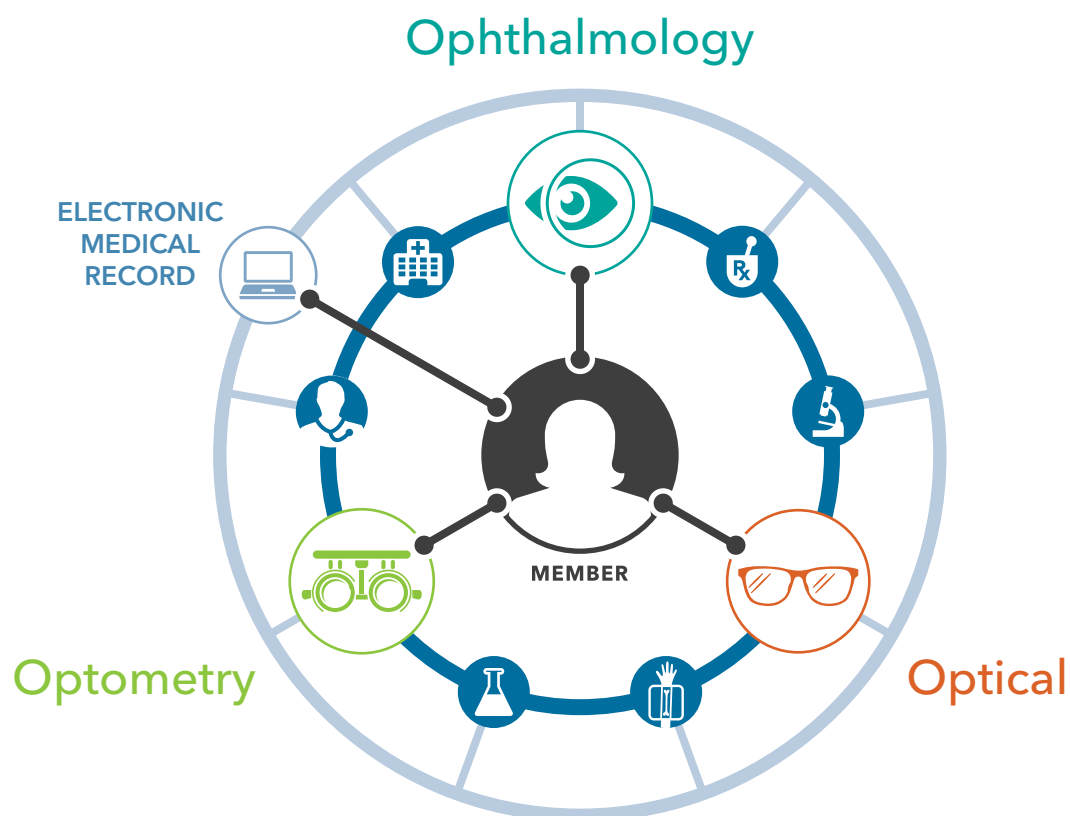
Experience **TOTAL EYE CARE** at Kaiser Permanente



Experience the Kaiser Permanente difference

Because our optometrists, ophthalmologists, and opticians **work together within our integrated care delivery system**, they're able to connect to our larger team of medical professionals and services.

- ▶ Care under one roof
- ▶ Your eye health is part of your total medical record
- ▶ An extensive collection of eyewear, from top designers to high-quality, affordable options





The Member Journey

How to use our unique eye care services



Appointment



Sign on to **kp.org** or the Kaiser Permanente app, then select "Appointments."



Call Member Services Monday through Friday, 8 a.m. to 6 p.m.

- **1-800-813-2000** (English) Press 3
- **1-800-324-8010** (interpretation services)
- TTY 711



Telehealth and advice nurses are available for **immediate care of serious eye conditions.**



Optometry



163,000 members were screened for comprehensive eye and systemic conditions in 2017,¹ including:

- Glaucoma
- Macular degeneration
- Diabetic retinopathy
- Dry eye
- Low vision



40,000 care gaps were discovered in 2017 during routine eye exams.¹



If an ongoing eye condition is detected



If a medical condition is detected



After your comprehensive eye exam, a prescription will be given for eyeglasses and contact lenses.



Optical



Experienced opticians will help you select and fit the perfect pair of eyeglasses.

- Frames: Choose from over 850.
- Lenses: Our opticians help you choose the best lenses and coatings for your lifestyle.



Contact lenses: We teach you how to insert and remove your new contact lenses.



Safety glasses: Kaiser Permanente works with employer groups to set up safety eyewear programs that fit their needs and that help keep members safe on the job.



Ophthalmology



Ophthalmology provides medical and surgical eye care. They treat ongoing eye diseases such as:

- Glaucoma
- Macular degeneration
- Diabetic retinopathy
- Cataracts
- Retinal and vitreoretinal diseases
- Pediatric developmental eye disorders



If a medical condition is detected



Ophthalmologists perform surgery at the **Eye Surgery Care Center.**



Integrated care



If a medical condition is detected during your eye exam:

Your optometrist or ophthalmologist will work directly with your personal doctor and specialty providers to order tests and coordinate care plans.

Your vision care at Kaiser Permanente is connected to:

- Primary care
- Specialty care
- Lab
- CT/MRI imaging services
- Pharmacy



Did you know?

Blindness is the number 2 health concern in the United States after cancer.²

Blindness can be prevented. This is why Kaiser Permanente recommends all members schedule an eye exam every 2 years.

¹COGNOS Kaiser Foundation Health Plan of the NW, March 2018 Health Plan PST use for Optometry Care Delivery, Dime, accessed March 2018.

²"National Alliance for Eye and Vision Research (NAEVR) Fact Sheet," National Eye Institute research, www.eyersearch.org/resources/NEI_factsheet.html.

Quality, Service, and Affordability for Every Member

Experience **TOTAL EYE CARE** at Kaiser Permanente

Everyday values

- 2 pairs of single vision glasses for \$129 (exclusions apply).¹
- 30% off second pair of complete glasses.¹
- Kids lenses always 50% off.
- Upgrade to polycarbonate lenses at no additional charge.
- Complimentary adjustments and repairs.
- Your lenses are manufactured locally in our Kaiser Permanente lab.
- 50/50 Protection Plan: one-year protection plan that covers 50% of the original price paid for your glasses at no additional cost.²
- Single vision glasses and contact lenses direct-ship at no additional cost.

¹Discounts and promotions cannot be used in conjunction with an optical benefit.

²The damaged product must be purchased from and returned to a NW Kaiser Permanente Vision Essentials location.

We have you covered

11 Kaiser Permanente locations in Oregon and Southwest Washington

- Open weekdays, 8 a.m. to 6 p.m.
- Saturday hours are available at Beaverton Medical Office, Clackamas Eye Care Center, and Cascade Park Medical Office.

Experienced health care professionals to meet your eye care needs

- Ophthalmologists: general, subspecialty, and surgeons
- Optometrists: general, medical, and subspecialty
- Opticians to help you select the right pair of glasses or contact lenses
- Eye care advice nurses

Make an appointment

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